

You and the World: It's Complicated!

The Big Question:

- Do I have to stand out?

Break the Ice:

- **Salt Candles**
 - Fill a few large baking sheets with Epsom salts.
 - Ask each participant to coat the entire outside surface of a small pillar candle with Mod Podge glue and then roll the coated candle in the salts until fully covered.
 - Set aside to dry until the prayer time.
- **Salt and Light** (PowerPoint attached)
 - Divide participants into teams of four or five.
 - Say: *We are about to have two rounds of competition--an intra-team round and an inter-team round.*
 - Round 1: Intra-team
 - Say: *For the intra-team round, you will compete against the people in your team to see who can guess closest to the correct number for each question I show you.*
 - *Get a pencil and ten index cards from the stack in the center of your team's table.*
 - *When I show you the first question, write your answer on a card, but keep the answer hidden.*
 - *When I say, "Reveal!" turn your card over.*
 - *The person whose answer is closest to the correct answer I give you will receive a point. Keep track of your own points.*
 - Work through the ten PowerPoint slides.
 - Answers:
 - 8 ounces of salt in the human body;
 - 1 ¼ seconds for light to get from the earth to the moon;
 - Morton Salt adds iodine in 1924;
 - Human eye detects a candle flame 2.76 miles away;
 - Humans eat 7% of salt produced; rest used in industry;
 - Sunlight reaches 262 feet into the ocean;
 - *Salt* used 41 times in the *Bible*;

Supplies:

- Salt and Light PowerPoint
- Several large baking sheets
- Epsom salts
- Mod Podge glue
- A small pillar candle per participant
- 10 index cards per participant
- Writing instruments
- White board
- White board marker per each team of five
- Matches

Copies:

- Look at the Book

- 1/3 of the population sneezes in bright light;
 - Maximum recommended daily consumption of salt—one teaspoon;
 - O - Number of things in the universe that can travel faster than light.
- Round 2: Inter-team
 - *Say: For this round, you will work with your team to compete against the other teams.*
 - *When I show you a Bible verse, guess the missing word with your team.*
 - *Send one person to write the word on the white board before any person from another team. Whichever team finishes writing the correct answer first earns one point.*
 - *If your person writes a wrong answer, that person must go back to your table. Then a different person from your team may try to write the correct answer on the whiteboard. If you are stumped, you may use a Bible.*
 - Work through the ten PowerPoint slides.
 - Answers:
 - You are the salt of the **earth**.
 - . . . walk in the light of your **presence**, Lord.
 - Add salt to all your **grain offerings**.
 - Do not light a fire in any of your **dwellings** on the Sabbath day.
 - Then he went out to the **spring** and threw the salt . . .
 - You, Lord, are my **lamp**.
 - . . . to David and his descendants forever by a **covenant** of salt.
 - . . . nor were you **rubbed** with salt . . .
 - . . . for a **boundary** between light and darkness . . .
 - . . . **seasoned** with salt . . .

Look at the Book:

- Say:
 - *Listen to a few ideas about salt:*
 - *Salt works only when it gets into the food.*
 - *If no one shakes a salt shaker, the salt stays inside.*
 - *If salt is clumped up inside, it can't be shaken out onto the food.*
 - *Salt needs to be pure to do its job; if it is contaminated with other chemicals, it becomes useless.*
 - *When the salt **does** get on the food it preserves the food and makes it taste good.*

- *Listen to a few ideas about light:*
 - *Just like salt penetrates food, light penetrates darkness.*
 - *The morning light penetrates the dark and signals a new day.*
 - *A little light makes a great difference.*
- *Listen to a few ideas about a living sacrifice:*
 - *Sacrifices are awful—full of awe.*
 - *The animals who were sacrificed in the Old Testament were killed, then burned.*
 - *But Jesus' sacrifice had even greater awe. Jesus was sacrificed alive.*
 - *And the living sacrifice, to which Jesus calls you, makes you full of awe.*
 - *This means you are on the altar, wherever you are.*
 - *This means—since you are living—that your sacrifice is constant and continuous.*
- *Wow! This is tough stuff—a high, skyscraper kind of standard Jesus sets before you.*
- *Let's read about this in the Bible.*
- Distribute the handout: **Look at the Book** (attached).
- Say: *I will read the passage as you listen and think.*
- Invite participants to probe the passages alone in their own areas of the room for five minutes and then join a partner or small group to discuss the prompts.

Interact:

- **Live Barometer**
 - Say: *Live barometer is a way for you to vote with your body. I will make a statement.*
 - *If you completely agree with the statement, move to the right of the room.*
 - *If you completely disagree with the statement, move to the left of the room.*
 - *If you are somewhere in-between, move somewhere in-between.*
 - Call off the following statements. (After each statement, ask if someone—especially someone on either extreme—has something to say.)
 - Christians should look different from everyone else.
 - Most Christians today have lost their saltiness.
 - As a youth group, we encourage each other to be salt and light to the world.
 - As a youth group, we encourage each other to be transformed by the renewing of our minds.
 - As a Christian, I have to stand out.

Pray:

- Ask participants to find their salt candles and place them on the table spaces in front of them.
- Ask several leaders to circulate around the tables to do the following steps with each individual:
 - Light the candle of the individual
 - Pray for each person
 - To be salt and light;
 - To be a living sacrifice.